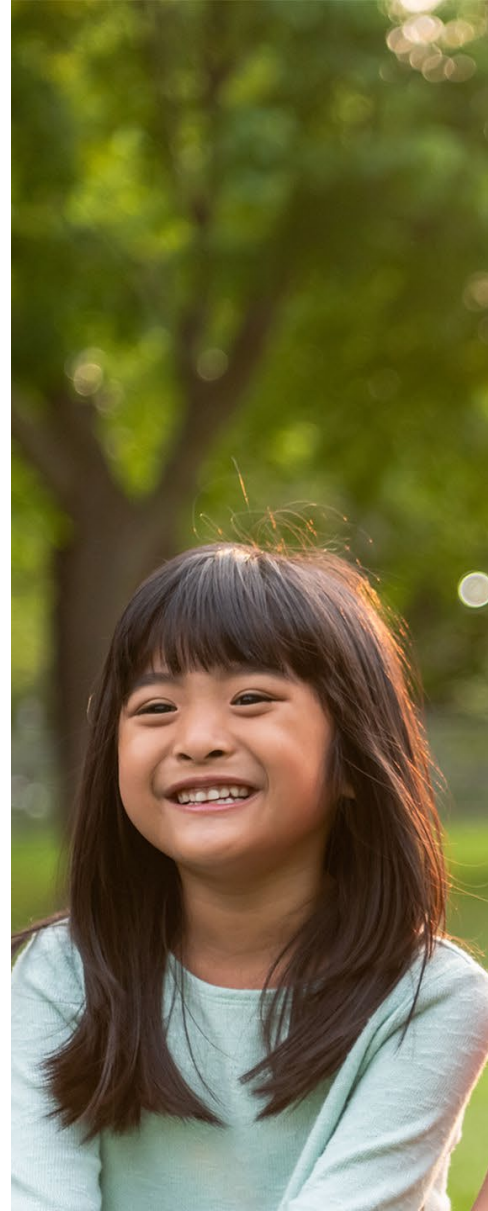


Promoting Wellbeing in Schools **Around the World**

Introductory webinar

Funder:

Jacobs Foundation



Funder and Partners



Jacobs Foundation (Funder)



International Baccalaureate (Project Lead)



Wellbeing Research Centre, University of Oxford



The Human Flourishing Program, Harvard University



Research Schools International



HundrED

Speaker Introduction



John Soleanicov

Co-Lead of the Learning
Schools Portfolio
Jacobs Foundation



Dr. Jennifer Merriman

Head of Global Research
& Design
International Baccalaureate



Dr. Magdalena Balica

Senior Research Manager
International Baccalaureate



Emily Vanderkamp

Senior Manager for Research
Communications
International Baccalaureate



Christina Hinton

Research Associate, Harvard's
Human Flourishing Program
Founder and CEO,
Research Schools International



Laura Taylor

Deputy Director Wellbeing
Research Centre at the
University of Oxford



**Heini
Karppinen**

Chief Operating
Officer
Hundred

Agenda

1 Introduction

2 Project Overview

3 Ways to Engage

- Action research project (RSI/Harvard)
 - Wellbeing measurement pilot (Oxford)
 - Innovation submission (HundrED)
-

4 Wrap-Up

5 Q&A (Optional)





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Bachillerato Internacional

Project Overview

Dr. Jennifer Merriman

Global Head of Research & Design

Dr. Magdalena Balica

Senior Research Manager

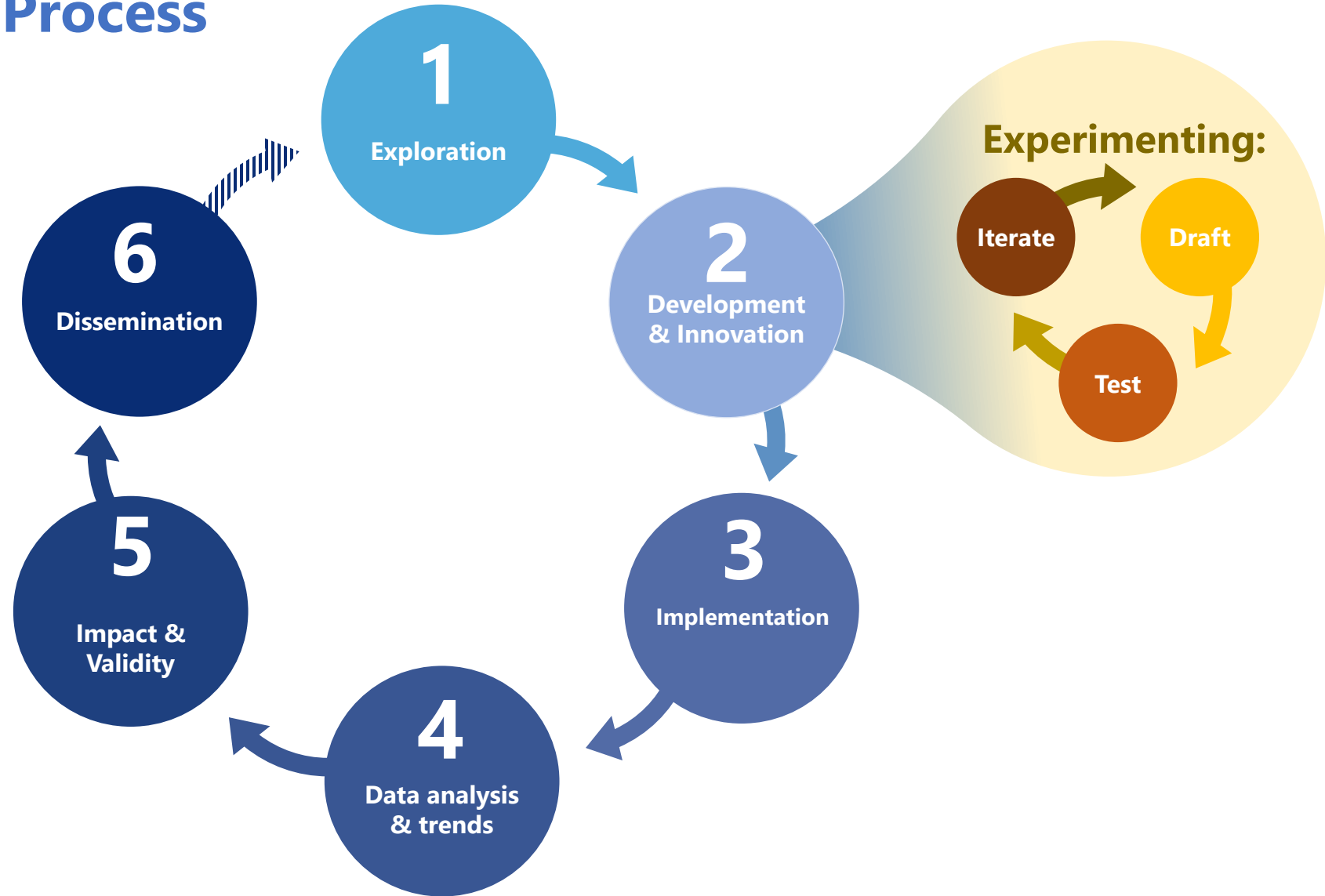


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Research & Innovation on Wellbeing

Jennifer Merriman, PhD
Global Head of Research & Design

Innovation as part of a larger Evidenced-Based Continuous Improvement Process



High-Level Vision and Goals for IB Innovation

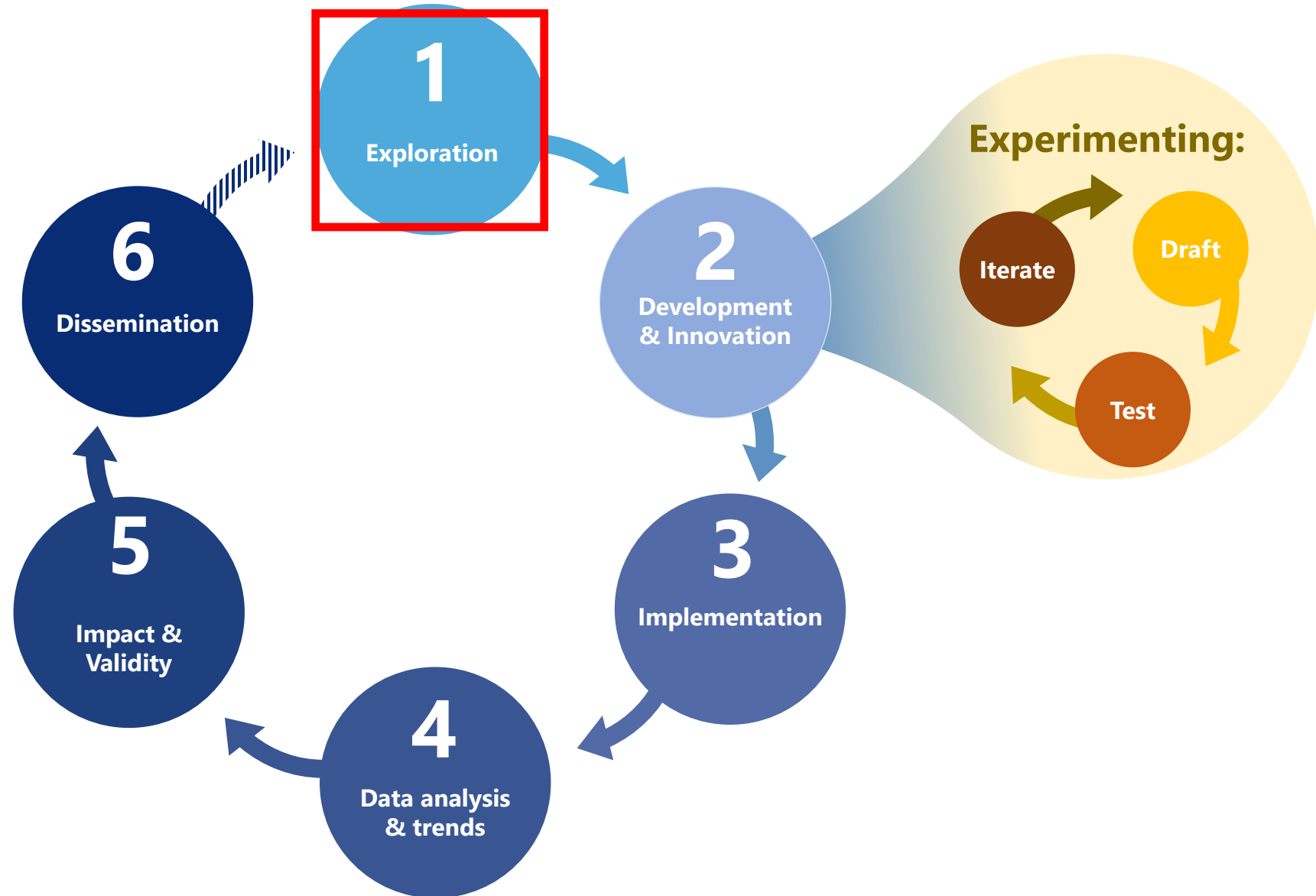
Continuous Improvement through experimentation

To create and implement a process to let schools, teachers, and the IB experiment.

Development of learning organizations

Support the IB, schools, and other stakeholders to get better at decision making, learning, and spotting patterns and insights.

Background: Wellbeing Exploration



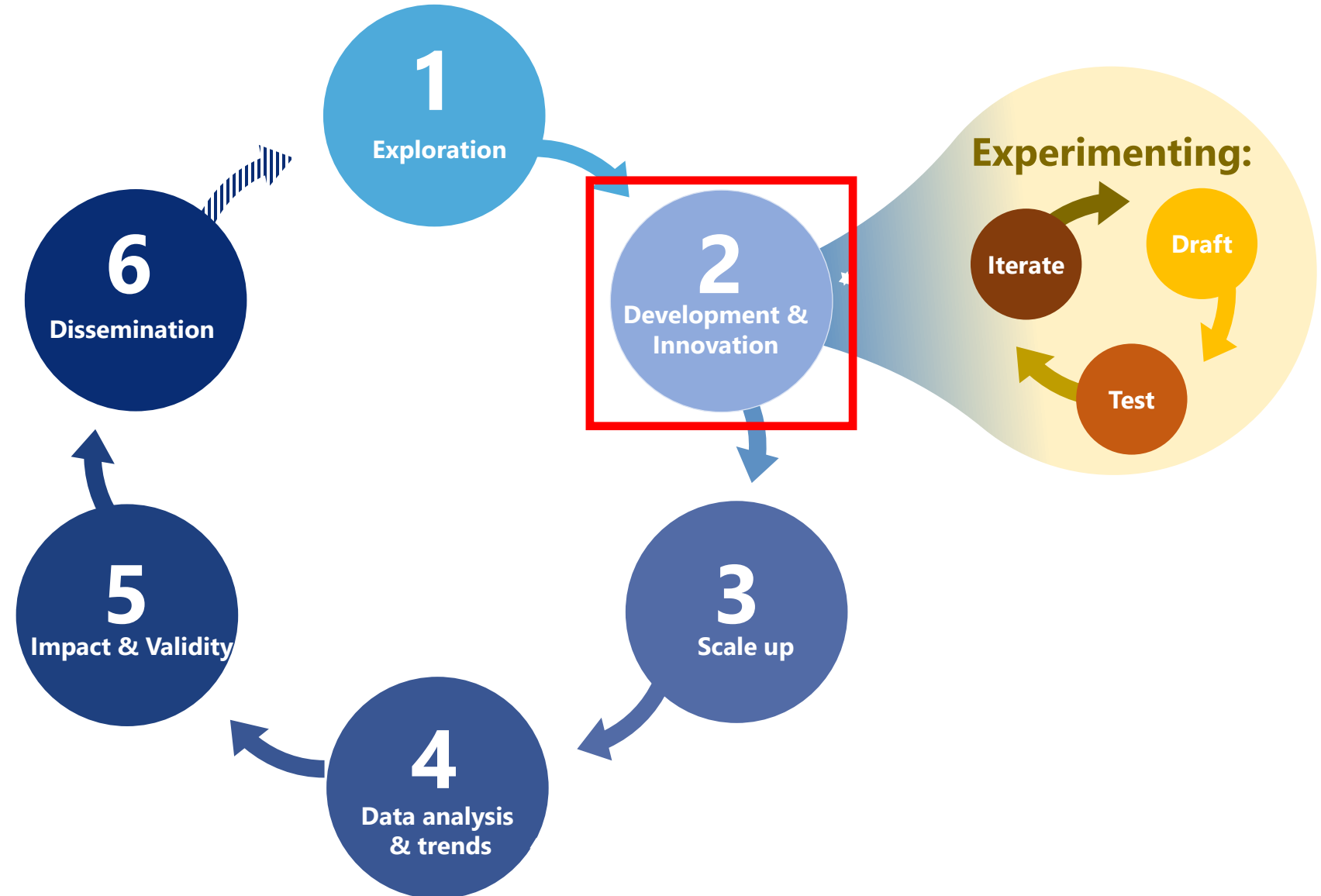
Student Wellbeing Framework



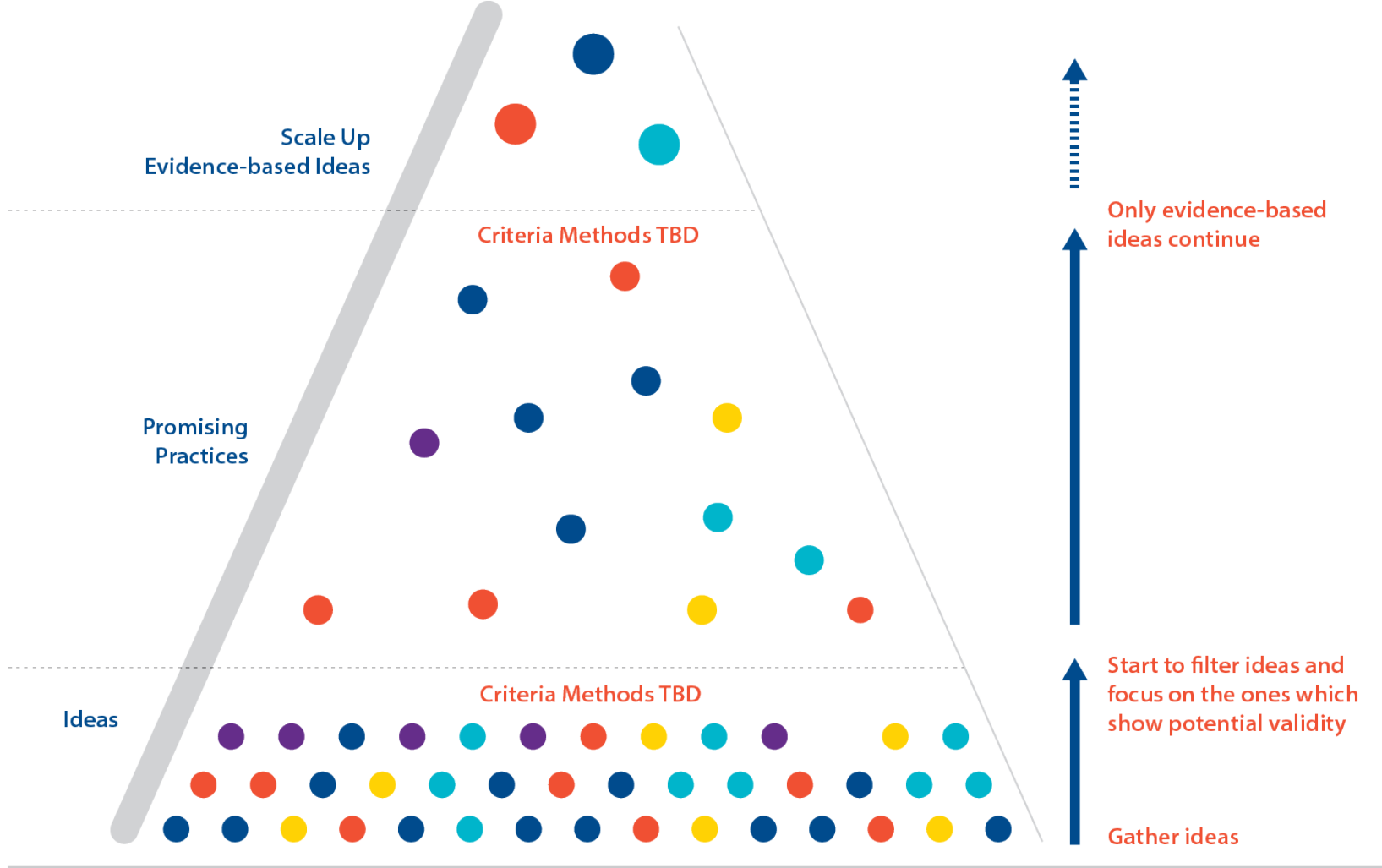
**Key Drivers
of Wellbeing**

Moving Wellbeing from Exploration to Innovation

How can we learn with and from schools what works, for whom, and in what contexts?



Bottoms-Up Innovation Process





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Wellbeing in School Project Overview

Dr. Magdalena Balica
Senior Research Manager
Research and Design Department

Participants' interest in the project



Over
1,000
Participants
(IB and non-IB)

From
197
Countries
across
the globe

All levels of
education
Public
and private
schools

Wellbeing in School, Operations Team



Dr. Magdalena Balica
Senior Research Manager



Emily VanderKamp
Senior Manager
for Research
Communications



Edlyn Chao
Research
Manager



Joe Ward
Operations
Coordinator



Emily Worthington
School Communications,
Associate Manager
Communications and Marketing



Jenn Pleszkoch
Senior Learning Architect



Stuart Jones
Head of World Schools



Elizabeth Brait
Strategy & Design

Theory of Change – The Vision



Long-term Vision

IB is committed to supporting schools globally in advancing the science and practice of wellbeing in education to benefit students, school staff, parents and the wider education community.

Main assumption

Schools are places of innovation

Theory of Change Problem Statement



PROBLEM

A top-down centralized approach with IB designing a wellbeing policy and practices for all schools is not yet feasible based on the evidence we have.

SOLUTION

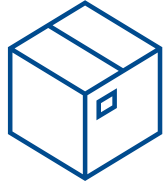
A bottom-up solution
Learning with and from schools, through:

- Action Research
- Learning Hubs
- Spotlight
- Measurement Pilot

EXPECTED OUTCOMES

- 1) Extend the evidence
- 2) Become and innovator
- 3) Share, connect and learn with other schools around the globe
- 4) Use a less complex measurement to inform decisions

Main Areas of Innovation



Repository of evidence-based innovations

A set of evidence-based interventions freely available



PD – action research on wellbeing

Teachers collaborate with others to promote/design, monitor and evaluate wellbeing innovations



Spotlight on wellbeing

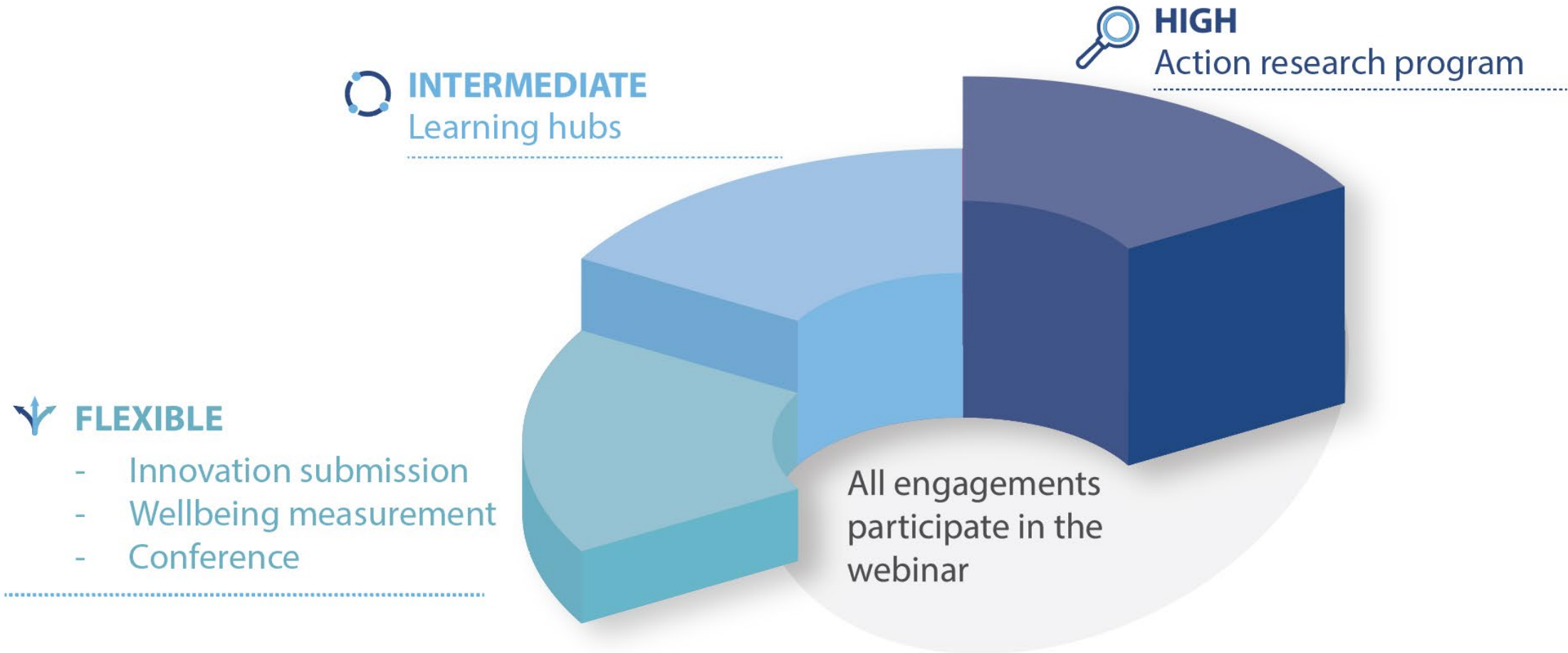
100 school innovations are expected to submit their innovations



Research and learning

Two pilot studies are conducted to distil the main lessons learned from this journey

Levels of Engagement for Schools



The Wellbeing Action Research Program



September 2023 – June 2024

- Learn about the science of wellbeing in schools
- Collect and analyse data
- Share your learning



September – December 2024

- Define student wellbeing for your school
- Decide on a measurement
- Analyse current state



January – June 2025

- Identify drivers of student wellbeing
- Select an intervention
- Implement and measure impact

Next Steps

☐

Enrolment Form

June – September 2023

☐

Collaborative Action Research Program

September 2023 – June 2025

☐

Virtual Conference: Wellbeing in schools

June 2024

☐

Wellbeing Measurement

Autumn 2023 – Spring 2024

☐

Learning Hubs

January 2024 – June 2025

☐

Innovation submission

January 2024 – January 2025



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Ways to Engage

Wellbeing in Schools Collaborative Action Research Program

Dr. Christina Hinton

Research Associate, Harvard's Human
Flourishing Program
Founder and CEO,
Research Schools International



Our research team from **Research Schools International and the Human Flourishing Program at Harvard** will lead a virtual *Well-being in Schools Collaborative Action Research Program* with schools around the world.



hfh.fas.harvard.edu

The Human Flourishing Program at Harvard is an interdisciplinary program that studies and promotes flourishing, or holistic well-being, globally.



www.researchschoolsinternational.org

Research Schools International (RSI) carries out research and professional development in partnership with schools around the world to support learning and flourishing.

Research is often disconnected from practice in schools.



Wellbeing in Schools Collaborative Action Research Program



Our research team will work with practitioners in your schools to carry out collaborative research. This research will explore educators' perspectives on how much schools are currently supporting student wellbeing and key drivers of student wellbeing identified by research, as well as what policies and practices schools are implementing to support student wellbeing.

We will guide you through this process through **monthly 1-hour virtual sessions from September 2023 – June 2024.**

Action Research Program Phase 1



Wellbeing in Schools Collaborative Action Research Program

Through this program, you will have the opportunity to:

- 1** Learn about research-informed approaches to promote student wellbeing

- 2** Connect with schools around the world and learn about their policies and practices to support student wellbeing

- 3** Learn how to carry out a research project from start to finish through an apprentice learning model with our research team

- 4** Build key research skills, including crafting research questions, study design, survey design, basic quantitative analyses, creating graphs, basic qualitative analysis, and presentation of findings

Frequently Asked Questions

Frequently Asked Questions



Who is this program for?

School leaders, teachers, and other school staff interested in learning research skills and/or promoting student wellbeing.

Is there any cost to participate?

No, thanks to the generous support of the Jacobs Foundation.

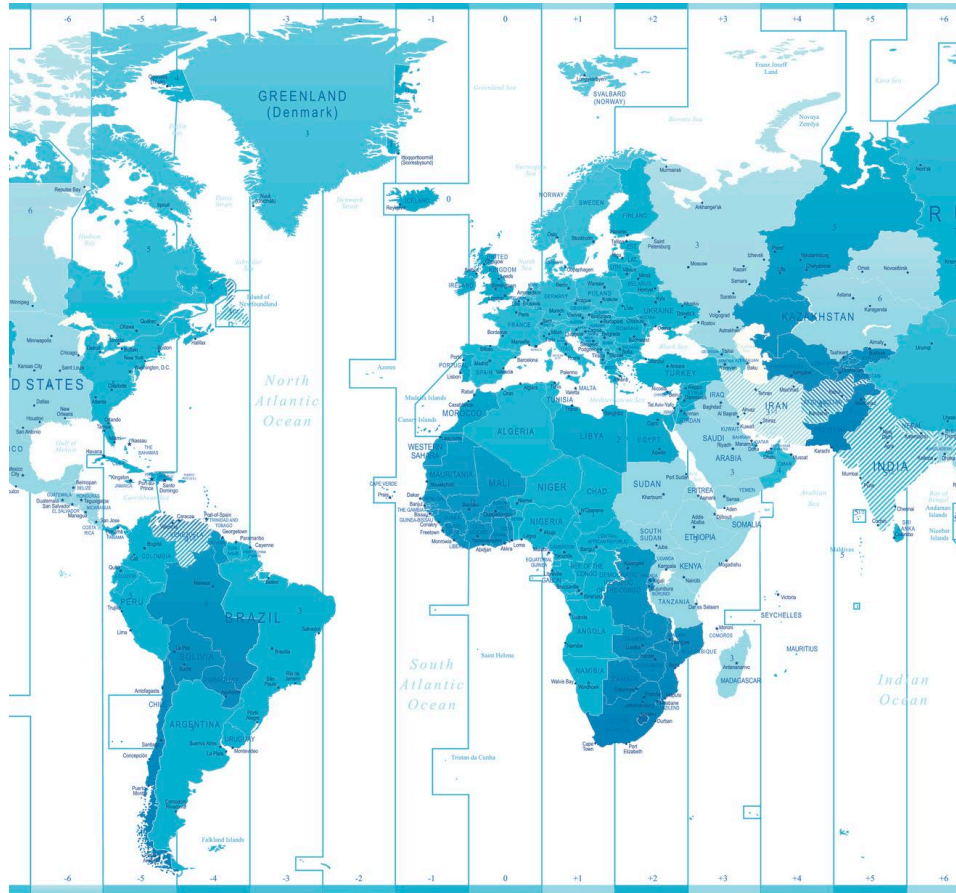
Is this program open to schools that are not IB schools?

Absolutely!

I'm a busy, busy bee! How much time will this take?

We estimate that it will take about 1-3 hours per month, including the live monthly 1-hour sessions.

Frequently Asked Questions



Do I need to be able to speak English?

Yes. While we will have resources available in the beautiful languages of French and Spanish at the end of this project, this program will be in English.

Help! I'm in a different time zone than your team. What should I do?

Have no fear! We will offer more than one recurring time for each session to accommodate different time zones. Please note that to participate in the program, you must be able to join one of the recurring times live each month.

Is there any prior knowledge necessary?

None at all!

Frequently Asked Questions



How many colleagues from my school should join?

We recommend 3-20 colleagues. Since you will meet in person together at your school, we require a minimum of 1 Research Lead and 2 additional colleagues from each school to participate.

What happens between monthly sessions?

You can continue working on our collaborative research between sessions. While our research team does not have the capacity to meet with or exchange emails with participants outside of sessions, the IB will host a Moodle site with resources, including session outlines, session videos, FAQs, and further learning resources that you can access between sessions.

Frequently Asked Questions



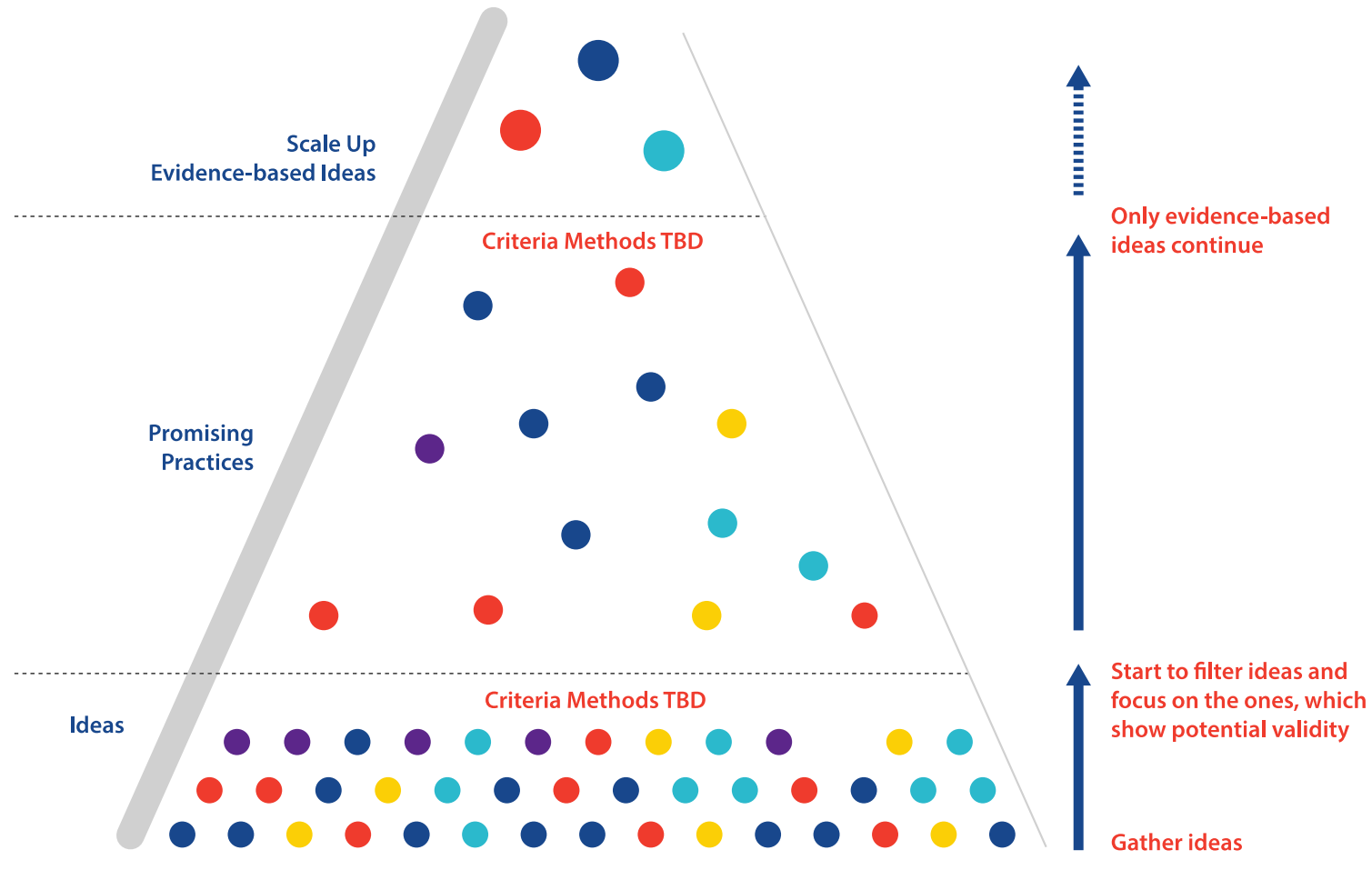
What are the logistical requirements?

Your school calendar must approximately follow a September-June schedule. You will also need the technological capability to meet virtually with our research team.

This sounds brilliant! How do I sign up?

The IB will send the project enrolment form by email after the webinar.

Learning Hub Levels (Innovation Framework)



Bottom-up Innovation

Measuring Toolkit Wellbeing Interventions

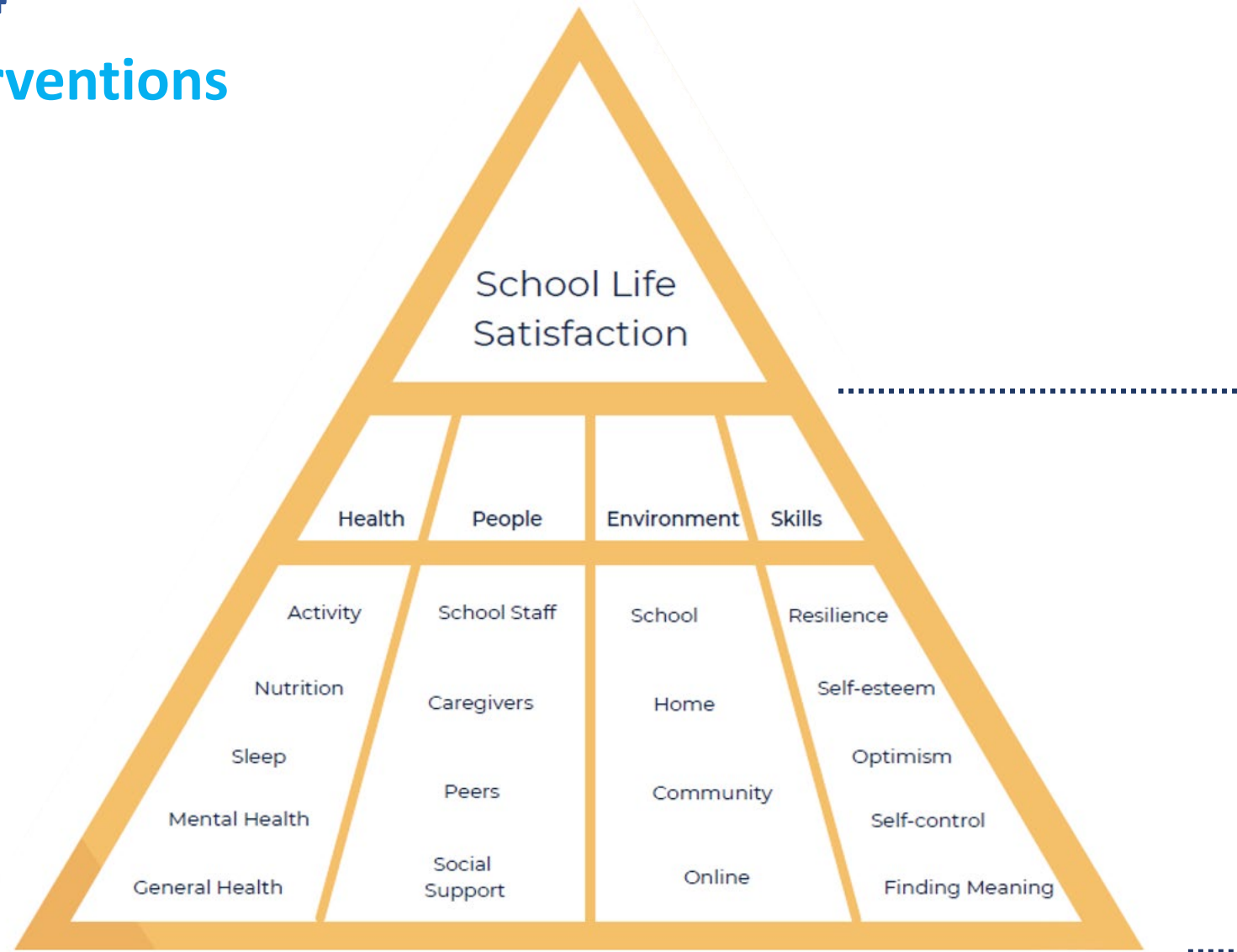
Oxford Measurement Toolkit

Autumn 2023 – Spring 2024

- Measurement Toolkit – Booklet
- Questionnaire for pupils (under 30 minutes)
- Questionnaire for teachers (under 30 minutes)

Autumn 2024

Wellbeing Interventions



**Key Drivers
of
Wellbeing**

HundrED's Spotlight on Wellbeing in Schools

What is a Spotlight?

HundrED Spotlights are an opportunity to gain deeper insight into educational innovation and trends either in a specific area of education or within a certain geographic location. Results are published in a Spotlight Report.

Who is it for?

Being part of a HundrED Spotlights gives visibility to selected innovations and allows partners to build their knowledge of innovations, make authentic connections with other education stakeholders, and help education change for the better.

The process.



1. Thematic or Geographic Area Selection

HundrEd, in collaboration with the partner, selects a thematic or geographic area as the focus of the Spotlight.

2. Call For Innovation

The Spotlight is launched, and a 100-day submission period opens for innovation to submit the innovations.

3. Shortlist Sent For Review

Shortlisted innovations are announced and sent to HundrED Academy for review.

4. Selections Announced

Selected innovators are notified. Spotlight report is launched, and innovation selection becomes public.

Aim of the Spotlight

Through this **Spotlight on Wellbeing**, HundrED aims to identify **10-15 impactful and scalable education innovations that promote the strategic goals of IB's School Life Satisfaction** approach.

Impact and scale are being reviewed based on the evidence provided by the innovators and by using the HundrED review process.

Spotlight Webpage

<https://hundred.org/en/collections/wellbeing-in-schools>

Spotlight Timeline



Launch Announcement: April 2024
Final Event: Closing Webinar, January 2025

Thank you for your time today.

Any follow-up questions, please contact us.

wellbeing.inschools@ibo.org

Participating Organizations

