KNOWING ME, KNOWING YOU
Experiential learning, empathy
and the art of reflection

DINOS ARISTIDIOU

IB AFRICA, EUROPE & MIDDLE EAST REGIONAL CONFERENCE
ROME 2014
Intellectual
Procedural
Memorial / Confessional
REFLECTING

ISTA PORTHLEVEN INTERNATIONAL YOUTH THEATRE 2012
Recording
Reflection

SEARCH Museum Gosport 2009
Recording to reflect

SEARCH Museum Gosport 2009
Reflecting on documentation

SEARCH Museum Gosport 2009
• Reflection

• Recording reflection

• Writing to reflect

• Reflecting on the documentation
Think of a significant moment in your life
Visualise it and describe it using ONLY the senses
LEARNING JOURNALS
TEMPORAL

Past experience/learning

Present experience/learning

Future experience/action

Past experience/learning
Describe it using ONLY emotions and thoughts – what it felt like then, what you were thinking, feeling at the time
Memorial/Confessional

And talked about life coming full circle, one thing and another beginning - I thought a visit to New York, New Years and completing the circle - after 10 years. The last circle has been completed - returning since then to the States is a new beginning, its arc full and turning all the way. I see this city I once lived in, its remote but I think of it now.

We'll see now here in Florence, up, I see this city I once lived in - its remote - but I think of it.

At a beautiful day outside - Michael's walking out onto a tree, clear and sharp side lips, the branches not yet blossom with promise of spring in the sunshine and the scent of lemon sweet.
What about the photograph?

July 1986
Castle Howard
Yorkshire
Explain the significance of this moment- what impact did it have on who you are, how you think, feel, act?
FINDING YOUR VOICE
COLLABORATIVE REFLECTION
‘The Lost Hour’, Young Writers, Portsmouth 2012
‘The Lost Hour’, Young Writers, Portsmouth 2012
Portsmouth Memory Project 2011
Portsmouth Memory Project 2011
Using each other as inspiration

New Theatre Royal Young Writers 2011
• Sharing reflection

• Creating shared knowledge
CASE STUDY
Terezin Memorial
Czech Republic

RESPONDING TO AND LEARNING FROM SITE
AGES 14-17
AFFECTIVE RESPONSE

EXPERIENCE
THINK FEEL
AFFECTIVE/COGNITIVE RESPONSE

REFLECT
LEARN
THINK FEEL
where am I? - present
where have I been? - past
where am I going? - future
POSITION

Where do I stand in relation to this and that to here and there?
ACT

What do I do?
The Reflective Teacher, The Reflective School
## IMPLICATIONS FOR TEACHERS

### Recording Reflection
- Intellectual
- Procedural
- Memorial / Confessional

### Types of Reflection
- Reflection
- Recording reflection
- Writing to reflect
- Reflecting on the documentation
TEACHING REFLECTION

- Patterning
- Meaning making
- Impact
- ‘Othering’
- Application and action
Thank you